



# THE HAPPY WHISPERER

## Newsletter

Issue 7, July 2020

July was originally the month of Quintilis in the Roman calendar. It was the fifth month of the year until January and February were added in 450 BC. It got its original name from the Latin word for fifth. Later the name was changed to Julius in honour of Julius Caesar who was born on July 12 100 BC.

Residents Activity Meeting Tues 7<sup>th</sup> July @ 1.15pm,  
Barfold Cosy Retreat. All Welcome!

Residents & Staff come along to the RM Begg Internal Auxiliary Stall  
Thursday 16<sup>th</sup> July 12.30-1.30pm in both Sidonia Activity Area  
and Barfold Activity area.

The stall will have many lovely items for sale including knitting, preserves,  
mini cake stall etc. If anyone would like to contribute to the stall e.g. baked  
goods, herbs, flowers etc. If you have flowers please contact Sarah.

### Visiting RM Begg

Residents and families have been informed of recent changes to visiting guidelines from Australian Health Protection Principle Committee (AHPPC) and Industry Code for Visiting Residential Care Homes at the end of June.

Family and friends that would like to visit are asked to call reception and book a visiting time.

This is so we can control how many people are in the facility at one time and enable us to conduct screening of visitors, this includes temperature checks.

Visitors are also required to have had an Influenza vaccination and provide documentation before visiting.

Our staff continue to be screened before commencing work, including temperature checks.

Staff are more than happy to help out with phone calls or video calls and welcome windows with the residents to help them keep in touch with families.

We will continue to review the visiting arrangements in relation to the COVID-19 infection rates and the proportionate risk to our residents and staff.

We will keep residents and families informed if there are any changes in the future.

**RM Begg Kyneton Aged Care Inc. 27-35 Epping Street, Kyneton, VIC 3444.**

**E. admin@raymbegg.org.au. Ph. 03 5422 2417.**

**Opening Hours: Monday to Friday: 9am to 5pm.**

# Thinking of You

***Our thoughts are with the  
Russell family and friends  
with the recent  
passing of Les.  
He will be missed by us all  
at RMB.***



## SPECIAL EVENTS

Our regular activities planner is on hold with the current restrictions to volunteers and visitors entering the facility.

Amanda and her team are working very hard to come up with some new ideas to fill in the gaps. Residents have enjoyed online streaming of church services and facetimes with family and friends.

For the month of July please have look at the white boards in each dining area for the activities that are on for the day.

## PODIATRIST

Podiatrist visits to be advised for July.

## CHURCH SERVICE

Please check the whiteboards daily for alternative church services .

## AGED CARE EMPLOYEE DAY

August 7th is National Aged Care Employee Day!

This is a day to celebrate all aged care employees for the wonderful work they do.

We are planning a COVID safe celebration with staff to show our appreciation and say thank you.

If any residents would like to send a general thank you message to all staff please see Amanda or Cheryl before the end of July.



## WELCOME TO THE WORLD!

Congratulation to two of our staff members on the safe arrival of their babies in June!

Carla and Tristan welcomed their son Axel.

Lydia and Bryce welcomed their daughter Winter.

We wish them all every happiness with their new bundles of joy!!

## **A TRIBUTE TO A SPECIAL FRIEND**

**By Pat Plowman (Sidonia)**

As we go through the journey of life, we get to make many friends, mostly of the 'humankind', some for a short time, some for a lifetime. Then there are many inanimate objects we get attached to – like your favourite mug (cup), your favourite knife, a favourite shirt and many other unusual things – hence the reason for my 'unusual' story.

On Friday, April 3<sup>rd</sup>, I lost a very dear friend not the 'Humankind', but my beloved Apple Tree. "What the...?" is what you are thinking. "Yes", I answer because my Apple Tree had stayed with me for the last seventy years.

The story begins in 1950, the year of our marriage. Having just built our first (and only) home, the Apple Tree was planted and nurtured. As the years went by, it produced so many crops of 5 crown apples (now known as delicious).

The yield was so great at times, I was able to supply half of Kyneton's population! I am sure apple pie or anything that apples could be used for, were on the dessert menu – those apples had a taste of their own!

That Apple tree not only produced apples; it also met the needed requirements of holding a swing. This became a 'climbing challenge' for two generations of children – on many occa-

sions I had to go to the 'rescue'. It was also a 'refuge' for dirty, muddy football jumpers and other things I dare not mention! Then there were occasions of visits from my mischievous grandchildren – when taking my washing from the clothesline I would find apples hiding away in Nana Pat's knickers!

As the years rolled by, limbs needed removing and the trunk of my beloved tree began to hollow out. But that tree was determined it had one more chance to be helpful!

Two parrots had decided the hollow trunk was the perfect place to breed. How fascinating it was, watching from my kitchen window, the daily timing of their fleeting actions. The male keeping watch from the side fence, to protect as it seemed. Over the course of some weeks, I found a small cracked eggshell near the base of that tree.

That was two years ago and, to my surprise, last November (2019), two parrots arrived to check out the tree. Could it be that they were returning to a place well known or another two looking for a special breeding place in a very special Apple Tree? I'll never know because my gardener son, Michael, had the inevitable task of removing my dear backyard friend, my Apple tree. If trees have a heaven, my Apple Tree would be in the 'Garden of Eden', perhaps with Adam and Eve to guard it!

### **Magazine Request**

Volunteer Myra Barnett is in charge of the reinstated Magazine Trolley, news that will be popular with residents we feel sure.

Donations of magazines that would be of particular interest to Men: golfing, cars, racing, agricultural, current affairs, would be appreciated.

### **RM Begg Auxiliary Shop**

With the visiting restrictions the Auxiliary are unable to come in for the shop or the shop trolley. A big THANK YOU to residents Lois Kennedy and Betty Young who will be opening the shop in Barfold for residents to purchase some items. Please see whiteboards near dining rooms for opening days and times.

## RM BEGG PEN PAL PROJECT

### *By Betty Young (Cobaw)*

Since we have been in isolation Amanda received a communication from a teacher at Sacred Heart College, Kyneton. She asked some residents if they would link up with students in Year 12 at their school as she felt it would be good for students to know how we are coping in tough times.

I am writing to two students. I am quoting from this 17-year-old boy student which explains the above.

Quote: "I am writing this letter to you because our lovely teacher MS. Payne decided to find people who might be struggling during these tough times of isolation and form a new bond with them. Since not many of us teenagers know how to write and send handwritten letters these days due to phones and technology, we thought this would be a wonderful opportunity to learn. I am so grateful to have the opportunity to write to you. I am really looking forward to hearing from you in the future."

This is a good example of the project. He went on to tell me about himself, his family, his inter-

ests, and what career he plans to take. On his one day per week off he works as a roof plumber. Towards the end of his two-page letter he says he likes cooking especially when he can eat what he cooks! I replied to this letter and since we have communicated again which he asked me to do.

My other student is a girl – her letter was so well written – she wants to be a chef (I feel by her surname I could know her grandparents). She confirmed I was right so her second letter I was able to tell her I knew her great grandparents and great great grandmother. I am enjoying this experience writing to unknown teenagers. Credit to the teachers, they are both good at spelling - only one minor mistake in four written pages!

They ask questions about our long life's journey, school, careers, what sports we played etc. BUT they insist they have a lot more to find out about this unknown person in isolation!!

Thanks Amanda for asking me to be involved – I know others who take part in this new life's venture in isolation feel the same.



## RM BEGG RESIDENTS REMEMBERED FROM THE OUTSIDE

### *By Betty Young (Cobaw)*

A Queen's Birthday treat was provided by both the Kyneton High School cooking teacher and volunteer Leni May.

Two Romany Cream biscuits or two Anzac biscuits were nicely packaged and labelled and were delivered and enjoyed by each one of us. This was such an unexpected gesture by the cooking teacher – she will always remember in years ahead the time when the COVID-19 caused residents in an aged care home to be in isolation and couldn't get out to get little treats.

Leni's generosity knows no end. She regularly delivers a treat to her cooking class.

Again, the residents thank you for such kindness.

### **Just Thinking-By Maggie Ingall (Submitted by Mollymac-Cobaw)**

*"I am seated at a table  
at a café by the lake;  
I've a glass of something bubbly  
and a rather yummy cake.  
The waters dance and dimple  
as the little boats bob by;  
The sun is warm and gentle  
not a cloud is in the sky.  
OK, I know I'm fibbing  
yet I sometimes like to think  
of anywhere I'd rather be  
than here beside my sink."*



### **RESIDENTS**

3rd: Joyce Ferguson  
 12th: Joyce Murphy  
 15th: Barbara Kirwan  
 17th: Wilma Saunders  
 20th: Aldyth Stewart  
 25th: Gerard Scully  
 25th: Kevin Hartigan  
 28th: Betty McMeekin

### **STAFF**

5th: Megan Briggs  
 6th: Rachel Dawson  
 11th: Linda Ford  
 11th: Steph Gamble  
 12th: Sarah Hills  
 13th: Nick Mayhew  
 16th: Valme Smoors  
 17th: Jim Aldous  
 20th: Judy Aldred  
 20th: Andrea Ellis  
 22nd: Jess Spiers  
 22nd: Elenita Thomas  
 29th: Jen Tickle  
 31st: Alisha Benedict  
 31st: Cheryl Gamble

### **RMB LADIES AUXILIARY**

***By Betty Young (Cobaw)***

Wanted – Knit, Purl, Knit, Purl

Members and friends can do the above but need some 3ply & 4 ply to do it with.

Please friends and relatives of residents and readers of the Whisperer look in your cupboards to see if you have any of the above. Knitting is a good therapy during periods of isolation and uncertain times. Stocks are being built up for the time when we can have stalls. We have the shop and some personal sales, but that money is coming within RMB and is in small amounts. The Auxiliary Ladies cannot wait for the day when they can handover to RMB large amounts for ongoing needs for our residents at RM Begg Aged Care.

### **THE BEST ADVICE**

Save money every week! It doesn't matter how much. Just save!

Listen to your parent's advice...

At the end of the day they are the only ones who want the best for you.

Choose your friends wisely as you are the product of your environment.

Learn to be alone and independent, it's a skill few master.

Educate yourself – read, read, read.

Be healthy & look after your body.

Don't wait for someone to love you; learn to love YOURSELF first.

### **OOPS!**

Worried that they had not heard from the elderly widow in the apartment next door recently, the mother said to her son, "Tony would you pop next door and ask how old Mrs Pierpont is?"

Soon Tony returned. "Well, is she OK? "Asked the Mother.

"Yes, she is fine, but she is a bit annoyed at you" said Tony.

"At Me!" his Mother exclaimed! "Whatever for?"

Tony replied

"She said it was no business of yours how old she is!"

## CHRISTMAS IN JULY. FUN FACTS AND HISTORY

**By Mark McGregor (Staff)**

The Australian 'Christmas in July' celebration is a somewhat unusual and some suggest even slightly eccentric festival that now attracts international travellers to the land down-under! Christmas in July' or Yulefest as it is also known is believed to have been born by accident one snowy wintery night in July of 1980 at an award-winning boutique hotel 'Mountain Heritage' in the Blue Mountains of New South Wales, Australia. A group of Irish guests noticed the irony of winter weather in July and wanting to recreate the feelings associated with winter back home, asked the hotel proprietor if he could organise a few Christmas-style food and festivities for them that night. Thus was born Christmas in July sporting Christmas decorations, snowmen, mulled wine, carols, roast dinners, mince pies, plum pudding, egg nog, bonbons, Christmas crackers, log fires and the occasional snow fall amongst a magical winter Yuletide wonderland of festivities. The idea spread fast and now in July, the peak season for the Australian snow fields, Christmas decorations and special events are meticulously planned to attract visitors for snow themed Yulefest celebrations. Many families now enjoy winter holidays at the snow fields where they build snowmen as they watch Santa Claus in the distance zip zagging through the snow slopes Ho ho ho-ing! Interestingly, the earliest reference for the phrase 'Christmas in July' was in July 1933 at a girl's summer camp in North Carolina USA. The term later gained momentum with the release of the Hollywood movie comedy 'Christmas in July' in 1940. Later in 1942, the Calvary Baptist Church in the USA celebrated 'Christmas in July' featuring a sermon 'Christmas Presents in July' which also included the erection of a Christmas tree, which by the end of the sermon would be covered with donations and gifts from the congregation. The donations and gifts are then distributed to missions worldwide. In 1946 this annual service began to be broadcast over local radio. It was not until the 1950's that American advertisers lead the way for "Christmas in July" themes for sales. While the Yulefest has become an incredibly popular annual Australian non-official holiday season, Christmas in July in Copenhagen, Denmark at Bakken is quite unique, featuring the annual World Santa Claus Congress. Bakken is a popular amusement park where hundreds of Santas, Mrs. Clauses and elves from around the world come together to be jolly at this festival each year. They hold parades and love to go to the beach for an annual beach paddle. It's known to be quite amusing to see all these Santas at the beach. Article Source: <http://EzineArticles.com/4424543> Published: 06/07/2010 The King of Santas for the year is named during this 'Christmas in July festival' and many challenging issues are discussed like what is Santa's true homeland and what size presents should be given! There are even belly shaking chuckle competitions as part of the festivities at this fun event. Here are some universal thoughts on some of the symbols related to Christmas in July: - Red is the main colour of Christmas in July - represents the magical flow of life, the blood that flows within all of us - so remember to let your love, passion and energy flow. Commit to show your love a little more each day and do what you do, no matter how insignificant you may consider it, with a little more love and enthusiasm each day and you will discover a new passion for life within you and a new flow of energy. - The second colour of Christmas in July is green - greenery reminds us to honour the everlasting transformative element of nature. Everything is radiating energy. Energy does not die it merely transforms. Green soothes our heart knowing we are part of an endless cycle that disburses and rebirths anew. - The combination of Red and Green on the colour wheel - red and green are opposites and opposites create balance. These two prominent colours of Christmas in July draw us to a deep unconscious connection to harmony and peace that we all seek within. The Christmas wreath has both red and green and is tied with a ribbon to remind us that we are all tied together; we belong to each other!



## TONY & ANGELA DANCING

*By Mollymac (Cobaw)*

We had a lovely afternoon watching Tony and Angela

do their delightful ballroom dancing. Angie's dress was most beautiful, very full crimson dress with a fitted bodice, full skirt

and shoes to match, although they did not last right thru as Angela had to change them for more comfortable ones!!

They danced all the old favourite ones.

"Charmaine," "Midnight Tango", "Chicago Swing",

"I'm in heaven", "Mambo", "Barclay Blues" and many others.

It is always a pleasure to watch their delightful dancing and it brings back many memories of our youth! We thank them both for a delightful afternoon's entertainment and we all look forward to the next time!.

*Photo below by Jo Kalinowski*



## THANKS

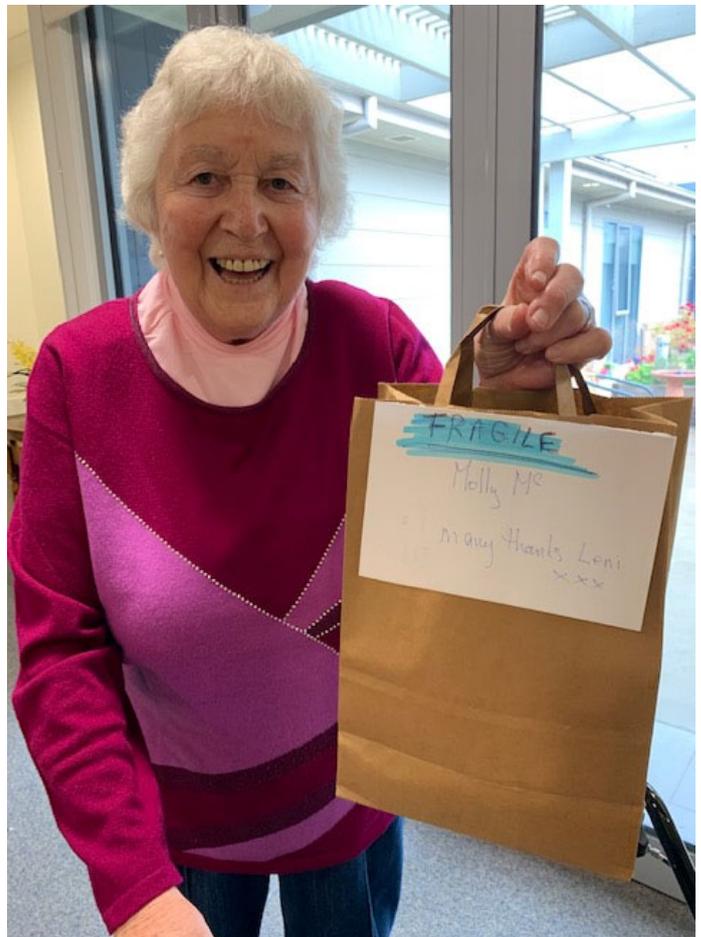
*By Bev Coutts (Pastoria)*

Over the past weeks of lockdown, the old saying 'necessity is the mother of invention' has really come to the fore. Rearranged seating has meant we still have morning exercises, sing a long, mind games, knitting, painting, ZOOM craft sessions – the list goes on. Jim's Chatroom is proving popular – thank you Jim for researching such topics as Gold in our area, Kyneton Football Club etc. Residents always have a lot of input.

Jo's leadership has helped form a Prayer, Music, Readings, Poetry session with input from all dominations present.

Thank you to Christian's Men's Group, the Welcome Window, FaceTime, Auxiliary shop open an hour each week and DVD sessions (with ice cream). A big thank you to the nursing staff who assist with helping residents to and from activities. Leni May has kept in touch from 'the outside' with her thoughtful input. I feel there are many more people to thank – so a big THANK YOU to everyone.

*Photo below by Jo Kalinowski*



## ON THIS DAY-JULY

**1<sup>st</sup>** – Singer John Farnham was born in 1949.

**3<sup>rd</sup>** – Sir Edward “Weary” Dunlop died in 1993.

**4<sup>th</sup>** – Australian aviator, Charles Kingsford Smith completed the first London to New York flight in 1930.

**5<sup>th</sup>** – The postcode system is first introduced in Australia in 1967.

**8<sup>th</sup>** – Tennis star Margaret Court was the first Australian to win the Wimbledon Women’s Singles Title in 1963.

**11<sup>th</sup>** – Snow fell on Uluru (Ayers Rock) for the first time in living memory in 1997.

**12<sup>th</sup>** – Australian women received the right to vote on this day in 1902

**15<sup>th</sup>** – Commonwealth Bank opened its doors for the first time in 1912.

**16<sup>th</sup>** – John Duigan flew the first Australian made aeroplane in 1910.

**18<sup>th</sup>** – Australian cricketer Dennis Lillee was born in 1949.

**19<sup>th</sup>** – Uluru (Ayers Rock) was discovered by W.C Grosse in 1873.

**20<sup>th</sup>** – Gold is discovered in Castlemaine, Vic in 1851.

**26<sup>th</sup>** – Prime Minister, John Howard was born on this day in 1939.

**28<sup>th</sup>** – Famous Aboriginal artist Albert Namatjira was born in 1902.

**30<sup>th</sup>** – The Catastrophic landslide struck the ski village of Thredbo in 1997. Stuart Driver was the only survivor.

***How many of these do you remember ???***



## SOPHIA’S SAYINGS - (Sophia is 4 going on 40)

**By Kay Ford (Pastoria)**

*Sophia and her Pa were walking around her property and a kookaburra flew by. She said “There’s a Kookatoo”.*

**While eating dinner Sophia said “This is hitting me right in my spot” instead of “hitting the spot”.**

*After being chastised for being naughty Sophia declared “I hate this life! I want another one”.*

## ITS HAIR-RAISING!

There can’t be many readers more desperately looking forward to their first post-lockdown haircut than Elizabeth Davidson of Altona North. “looking in the mirror today, I realized my hair really does look, just as Mum used to say, “Like a birch broom in a fit”, she says.



**ACROSS**

- 1) Oboe's forerunner
- 6) Cottontails' tails
- 11) Avg., size-wise
- 14) Pro in San Diego
- 15) Radii-parallel bones
- 16) Santa \_\_\_ winds
- 17) Had a home-cooked meal
- 18) Indian ritual gesture
- 19) Spillway spot
- 20) Female gossip
- 21) Skinny numerals
- 22) Type of pudding
- 23) Star quality?
- 25) Waiter's extra income
- 27) Put into mothballs
- 30) Make arrangements
- 31) Trims by cutting
- 32) Creole food veggie
- 35) "Live Free or Die," for New Hampshire
- 39) Typical Kuwaiti
- 40) Shampoo bottle word
- 42) Bonn wife
- 43) Vacation retreat
- 45) Start fishing
- 46) Nervous spasms
- 47) Sow sound
- 49) Partnership
- 51) Reveal, as medical information
- 55) Shake a leg
- 56) In a frenzy
- 57) Walk of Fame embedment
- 59) Suffocating blankets
- 63) 33 1/3, for a LP
- 64) Part of a process
- 65) De Gaulle's birthplace
- 66) Source of shade
- 67) Two-way principle
- 68) Poet T.S.
- 69) Go from brunette to blond
- 70) Confuse
- 71) Neatniks' opposites

**DOWN**

- 1) Keep from littering?
- 2) Strong emotion
- 3) Yemeni seaport
- 4) Author's hang-up
- 5) Domestic establishment
- 6) Japanese wrestling
- 7) Adhered
- 8) Road beneath a bridge
- 9) Ankle-related
- 10) Briny water
- 11) Spoke more than once?
- 12) Create a statute
- 13) Tasting like wild meat
- 22) Just average
- 24) Fumes may produce one
- 26) Scot's cap
- 27) Croat or Bulgar, e.g.
- 28) Spelling or Amos
- 29) October birthstone
- 33) Motorcycle accessory
- 34) Stranded carrier
- 36) Soloist plus two
- 37) Mexican restaurant offering
- 38) Force from power
- 41) Make a lasting impression?
- 44) Feel out of sorts
- 48) Snacked
- 50) Supermarket parts
- 51) Was brave enough
- 52) Hint at without saying
- 53) River to the English Channel
- 54) Artist's stand
- 58) Network of nerves, e.g.
- 60) Mishmash or medley
- 61) Semiliquid lump
- 62) Studio constructions
- 64) Harper Valley org. of song

**STRAP ON THE PADS**

By Corey Bowers

1	2	3	4	5		6	7	8	9	10		11	12	13	
14						15						16			
17						18						19			
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51	52	53						54		55					
56						57			58		59		60	61	62
63						64					65				
66						67					68				
69						70					71				

**QUESTION:**

Which word, meaning confusion and noise, comes from the name of a structure in the Bible?

**ANSWER BELOW:**

BABEL

## THE PIPER

*By Betty Young (Cobaw)*

On the afternoon of the recital the sun shone on the Sidonia courtyard so the doors were opened – legally spaced the residents were able to enjoy both the sunshine and tunes coming from Ross Cornell (teacher from Kyneton High School), the fully kilted piper. As our residents and readers know residents have missed out on all the great entertainment friends of the RM Begg have brought to us on a regular basis. Amanda's face lit up when she told us a kilted Bag-piper would entertain in the Sidonia courtyard. The beautiful, haunting music of the pipes is a very awakening sound – we have been too busy with other activities that we have not had time for a daytime sleep! One would have thought the skirl of the bag pipes would make Scottish Molly homesick but somehow, she seems to have an aversive reaction when they are mentioned! Whatever the reason she is polite enough to what appears to 'suffer' through the tunes. Thank you for coming to live amongst us – Molly & Alistair.

Ross Cornell we are grateful you gave up your time and used your talent. The tunes Ross played or piped were well known and it was hard to keep one's feet still. There were smiles of satisfaction and much applause for such a stirring afternoon of music. You would be welcome again to RMB Aged care.



## THE WINTER OF LIFE *By Mary Dow Brine (1816-1913)*

As down the frosty road we came,  
 My man and I together,  
 We talked of this, and smiled at that,  
 Nor felt the chilling weather.  
 For side by side we trudged along,  
 Each thought the other sharing,  
 And in each other's company  
 The wintry breezes daring.

The sky above was cold and gray,  
 The earth below was dreary,  
 But home was near, and love was warm,  
 Altho' the way seemed weary.  
 John had but me, I had but John,  
 Life's twilight skies to brighten,  
 But every sorrow we had borne,  
 Some blessing came to lighten.

We passed the hillside on our way,  
 Where 'neath the sod were sleeping  
 The four dear children God had spared  
 But shortly to our keeping.  
 We looked that way with wistful eyes,  
 Tear-dimmed with sudden yearning,  
 As backward o'er the lapse of time  
 Our hearts--our thoughts--were turning.

"Dear soul, cheer up!" John softly said,  
 "They only wait above us!  
 Are we not glad no parting waits  
 Us *here* for those that love us?"  
 Into his dear old face I looked,  
 No longer then repining:  
 For John had me, and I had John;  
 Love's sunbeams still were shining.

The summer joys long since were past,  
 And winter's snows were o'er us;  
 The twilight sky was cold and drear,  
 And night was just before us.  
 But though the way so weary seemed,  
 Yet John and I were merry:  
 For said I not that *home* was near?  
 And hearts and thoughts grew cheery.

And thinking o'er that walk today--  
 When John and I together,  
 Side close by side, came down the road,  
 All thro' the frosty weather--  
 I think of how, life's journey trod,  
 With trust forsaken never,  
 We've nearly reached at night that *home*  
 Where dwelleth rest forever.



## ACROSS

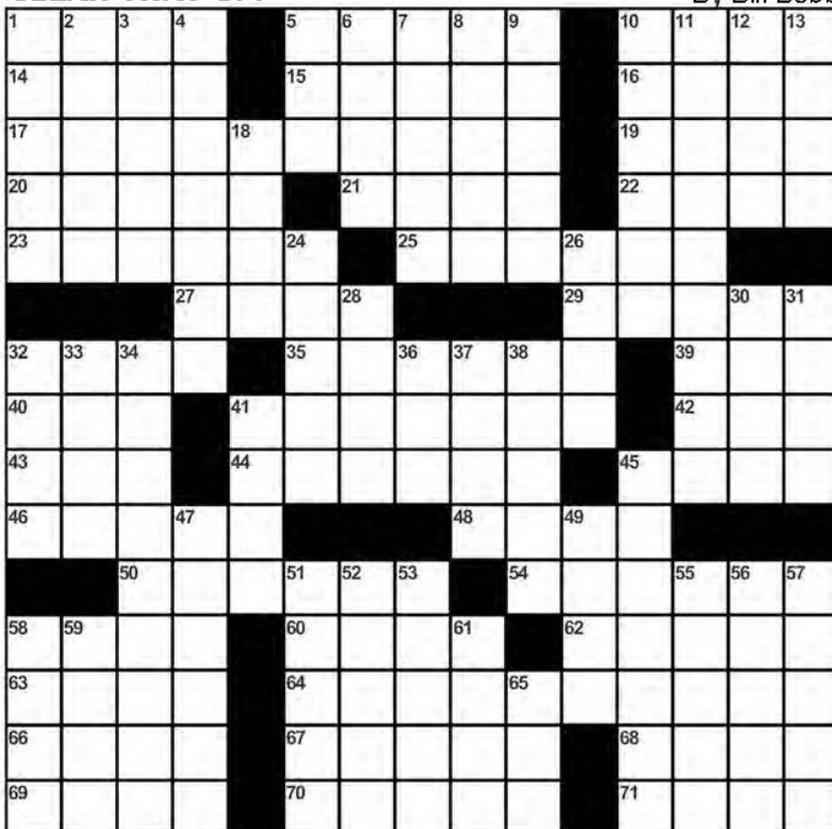
- 1) Insect feeler
- 5) Avian claw
- 10) Item of finality in the paper
- 14) Petri dish gelatin
- 15) Sans support
- 16) Political competition
- 17) U. of Arkansas gridders
- 19) Type of rug
- 20) It won't hold water
- 21) Bird feeder fill
- 22) North Atlantic food fishes
- 23) Like some jokes and jobs
- 25) First-person figure
- 27) Feeble-minded
- 29) Easily vexed
- 32) Throb painfully
- 35) Abdominal anomaly
- 39) "I've found you out at last!"
- 40) Oozy stuff
- 41) Many moisturizers
- 42) It may be fresh or stale
- 43) Hold the title to
- 44) "I, Robot" writer
- 45) Cathedral section
- 46) Senator who made the rounds?
- 48) Stash finder
- 50) Making a team, as from oxen
- 54) They set out to cross the line
- 58) Convergence points
- 60) Tidy
- 62) Work on a wall
- 63) Winged god of love
- 64) Ignore
- 66) Break, as a horse
- 67) Rocker Winter
- 68) Trip provider?
- 69) Priestly robes
- 70) Bottle redheads
- 71) Neighbor of Vietnam

## DOWN

- 1) Indian Zoroastrian
- 2) Once more
- 3) Lollygags
- 4) Be a breadwinner
- 5) It may run in a bar
- 6) "Poor me!"
- 7) \_\_\_ tenens (substitute)
- 8) Correctly sung
- 9) Nutcracker suites
- 10) Seer
- 11) Fragrant cake
- 12) Like many sprained ankles
- 13) Pekoe and oolong
- 18) Second version
- 24) Societal standards and such
- 26) LAX guesstimates
- 28) Sasquatch cousin
- 30) Just-once link
- 31) Days long gone
- 32) Eagerly expectant
- 33) Brother's hood
- 34) Bees' creation
- 36) Outer edge
- 37) "High" time
- 38) Alloy of nickel and iron
- 41) Long and lean
- 45) Indictment
- 47) Discordant sounds
- 49) "\_\_\_ Lama Ding Dong" (1961 hit)
- 51) Not yet up
- 52) Dweebish
- 53) Shotgun caliber
- 55) "All My Children" woman
- 56) Pre-television entertainment
- 57) Goes downhill in the winter
- 58) Greek cheese
- 59) Type of exam
- 61) Old autocrat
- 65) Slugger's stats

## CLEAN THAT UP!

By Bill Bobb



## QUESTION:

Historically, many main roads have been built by throwing the earth from the side ditches toward the center, thus elevating the road above the surrounding ground. This gives rise to what common word?

## ANSWER BELOW:

Highway

## LIFE EXPLAINED BY GOD

**Submitted by Mark McGregor (Staff)**

When God created the world, he also created the dog, the monkey, and the cow.

It's a simple story, told through the eyes of the dog, the monkey, and the cow, and their conversations with God during creation.

On the first day, God created the dog and said: "Sit all day by the door of your house and bark at anyone who comes in or walks past. For this, I will give you a life span of twenty years."

The dog said: "That's a long time to be barking. How about only ten years and I'll give you back the other ten?"

So God agreed with the dog.

On the second day, God created the monkey and said: "Entertain people, Do tricks, and make them laugh. For this, I'll give you a twenty-year life span."

The monkey said: "Monkey tricks for twenty years? That's a pretty long time to perform. How about I give you back ten like the dog did?"

And God agreed with the monkey.

On the third day, God created the cow and

said: "You must go into the field with the farmer all day long and suffer under the sun, have calves, and give milk to support the farmer's family. For this, I will give you a life span of sixty years."

The cow said: "That's kind of a tough life you want me to live for sixty years. How about twenty and I'll give back the other forty?"

And God agreed again.

On the fourth day, God created man and said: "Eat, sleep, play, marry and enjoy your life. For this, I'll give you twenty years." But man said:

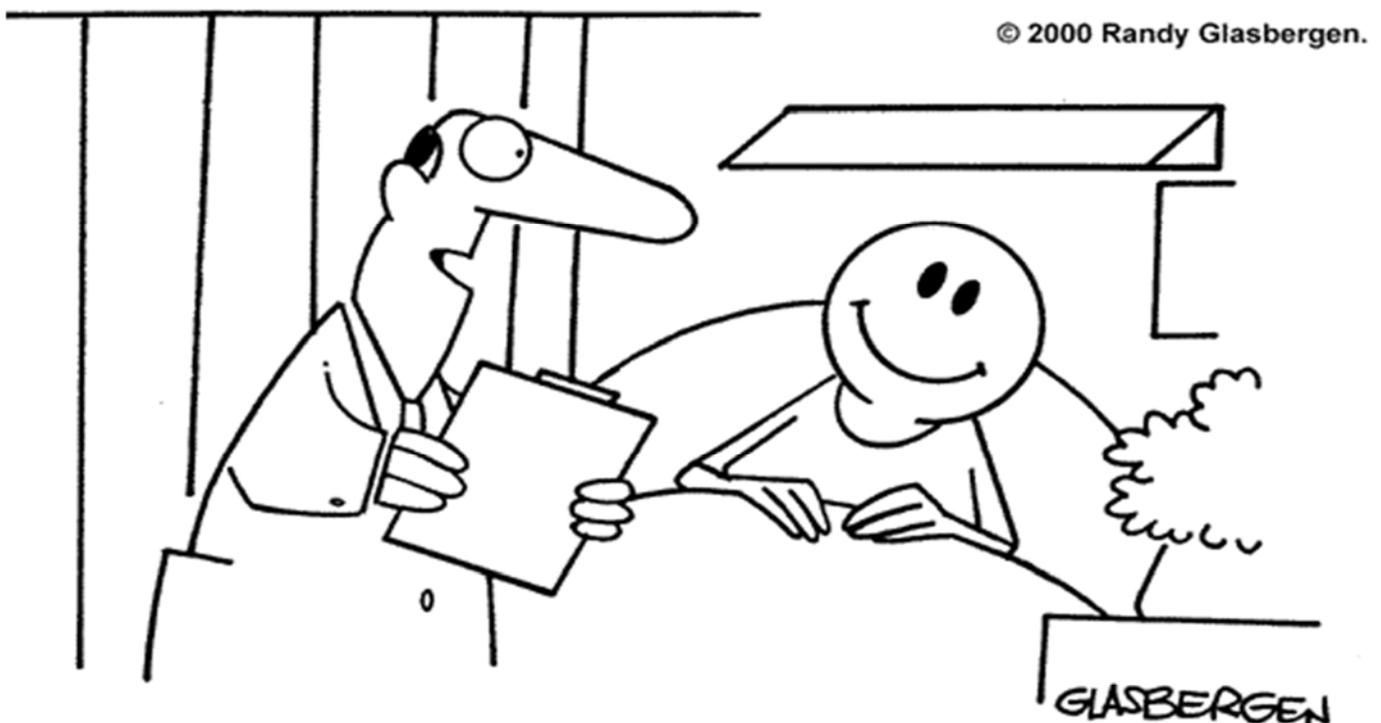
"Only twenty years? Could you possibly give me my twenty, the forty the cow gave back, the ten the monkey gave back, and the ten the dog gave back; that makes eighty, okay?"

"Okay," said God, "You asked for it."

So that is why the first twenty years we eat, sleep, play and enjoy ourselves. For the next forty years we slave in the sun to support our family. For the next ten years, we do monkey tricks to entertain the grandchildren.

And for the last ten years, we sit on the front porch and bark at everyone.

And that's how life is explained through God's creation.



**"Your plastic surgery was a great success, Mrs. Jones. The lines and wrinkles are completely gone!"**

## ACROSS

- 1) Oboe's forerunner
- 6) Cottontails' tails
- 11) Avg., size-wise
- 14) Pro in San Diego
- 15) Radii-paralleling bones
- 16) Santa \_\_\_ winds
- 17) Had a home-cooked meal
- 18) Indian ritual gesture
- 19) Spillway spot
- 20) Female gossip
- 21) Skinny numerals
- 22) Type of pudding
- 23) Star quality?
- 25) Waiter's extra income
- 27) Put into mothballs
- 30) Make arrangements
- 31) Trims by cutting
- 32) Creole food veggie
- 35) "Live Free or Die," for New Hampshire
- 39) Typical Kuwaiti
- 40) Shampoo bottle word
- 42) Bonn wife
- 43) Vacation retreat
- 45) Start fishing
- 46) Nervous spasms
- 47) Sow sound
- 49) Partnership
- 51) Reveal, as medical information
- 55) Shake a leg
- 56) In a frenzy
- 57) Walk of Fame embedment
- 59) Suffocating blankets
- 63) 33 1/3, for a LP
- 64) Part of a process
- 65) De Gaulle's birthplace
- 66) Source of shade
- 67) Two-way principle
- 68) Poet T.S.
- 69) Go from brunette to blond
- 70) Confuse
- 71) Neatniks' opposites

## DOWN

- 1) Keep from littering?
- 2) Strong emotion
- 3) Yemeni seaport
- 4) Author's hang-up
- 5) Domestic establishment
- 6) Japanese wrestling
- 7) Adhered
- 8) Road beneath a bridge
- 9) Ankle-related
- 10) Briny water
- 11) Spoke more than once?
- 12) Create a statute
- 13) Tasting like wild meat
- 22) Just average
- 24) Fumes may produce one
- 26) Scot's cap
- 27) Croat or Bulgar, e.g.
- 28) Spelling or Amos
- 29) October birthstone
- 33) Motorcycle accessory
- 34) Stranded carrier
- 36) Soloist plus two
- 37) Mexican restaurant offering
- 38) Force from power
- 41) Make a lasting impression?
- 44) Feel out of sorts
- 48) Snacked
- 50) Supermarket parts
- 51) Was brave enough
- 52) Hint at without saying
- 53) River to the English Channel
- 54) Artist's stand
- 58) Network of nerves, e.g.
- 60) Mishmash or medley
- 61) Semiliquid hump
- 62) Studio constructions
- 64) Harper Valley org. of song

## STRAP ON THE PADS

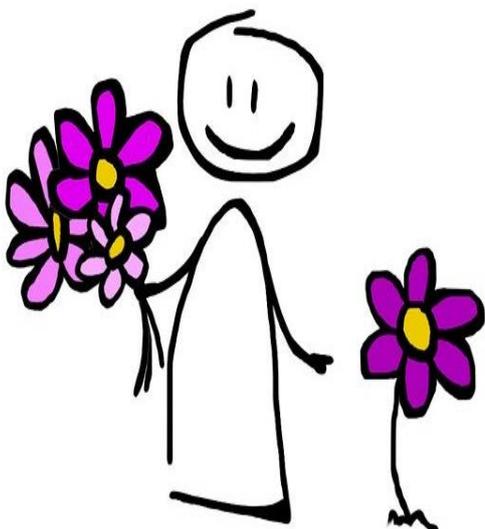
By Corey Bowers

1	S	2	H	3	A	4	W	5	M	6	S	7	C	8	U	9	T	10	S	11	R	12	E	13	G	
14	P	15	A	16	D	17	R	18	E	19	U	20	L	21	N	22	A	23	E	24	A	25	N	26	A	
17	A	18	T	19	E	20	I	21	N	22	M	23	U	24	D	25	R	26	A	27	D	28	A	29	M	
20	Y	21	E	22	N	23	T	24	A	25	O	26	N	27	E	28	S	29	R	30	I	31	C	32	E	
23	E	24	G	25	O	26	G	27	R	28	A	29	T	30	U	31	I	32	T	33	Y	34	35	36	37	38
27	S	28	T	29	O	30	R	31	E	32	P	33	L	34	A	35	36	37	38	39	40	41	42	43	44	45
31	L	32	O	33	P	34	S	35	O	36	K	37	R	38	A	39	M	40	41	42	43	44	45	46	47	48
39	A	40	R	41	A	42	B	43	R	44	I	45	N	46	S	47	E	48	F	49	50	51	52	53	54	55
43	V	44	I	45	L	46	L	47	A	48	C	49	A	50	S	51	T	52	53	54	55	56	57	58	59	60
47	O	48	I	49	N	50	K	51	C	52	A	53	H	54	O	55	O	56	57	58	59	60	61	62	63	64
51	D	52	I	53	S	54	C	55	L	56	O	57	S	58	E	59	H	60	61	62	63	64	65	66	67	68
56	A	57	M	58	O	59	K	60	S	61	T	62	A	63	R	64	S	65	66	67	68	69	70	71	72	73
63	R	64	P	65	M	66	P	67	H	68	A	69	S	70	E	71	L	72	73	74	75	76	77	78	79	80
66	E	67	L	68	M	69	T	70	E	71	N	72	E	73	T	74	E	75	76	77	78	79	80	81	82	83
69	D	70	Y	71	E	72	A	73	D	74	D	75	L	76	E	77	S	78	79	80	81	82	83	84	85	86

## GROWING OLDER AND AGEING GRACEFULLY

Aging gracefully is about enjoying life. For example, I'm sitting here thinking how nice it is that wrinkles don't hurt. Agatha Christie knew about aging gracefully and had a great anti-aging view when she said: "An archeologist is the best husband any woman can have: the older she gets, the more interested he is in her."

Australia is even bigger than you think it is. It's almost the same size as mainland USA!



Fresh flowers are lovely for residents but please be aware that flowers with strong fragrances can trigger allergies in residents and staff and will have to be removed from rooms if this happens.



The world's largest rock is not actually Uluru, but Mount Augustus in Western Australia. It is actually twice the size of Uluru.



## BEATLE BAILEY



### Residents Contributions

We are very excited to have a group of residents that have decided to submit articles of interest for The Happy Whisperer.

We hope you enjoy their contributions and we would like to thank them for their outstanding efforts in putting their articles together to share with us all!



### WRONG EMAIL ADDRESS

A couple going on vacation but his wife was on a business trip so he went to the destination first and his wife would meet him the next day.

When he reached his hotel, he decided to send his wife a quick email.

Unfortunately, when typing her address, he mistyped a letter and his note was directed instead to an elderly preacher's wife whose husband had passed away only the day before.

When the grieving widow checked her email, she took one look at the monitor, let out a piercing scream, and fell to the floor in a dead faint.

At the sound, her family rushed into the room and saw this note on the screen:

*Dearest Wife,  
Just got checked in. Everything prepared for your arrival tomorrow.  
P.S. Sure is hot down here.*

### CLEVER KIDS...

A police officer found a perfect hiding place for watching for speeding motorists.

One day, the officer was amazed when everyone was under the speed limit, so he investigated and found the problem.

A 10 years old boy was standing on the side of the road with a huge hand painted sign which said "Radar Trap Ahead."

A little more investigative work led the officer to the boy's accomplice: another boy about 100 yards beyond the radar trap with a sign reading "TIPS" and a bucket at his feet full of change.

### THE CAPTAIN

A navy captain is alerted by his First Mate that there is a pirate ship coming towards his position. He asks a sailor to get him his red shirt.

The captain was asked, "Why do you need a red shirt?"

The Captain replies, "So that when I bleed, you guys don't notice and aren't discouraged." They fight off the pirates eventually. The very next day, the Captain is alerted that 50 pirate ships are coming towards their boat. He yells, "Get me my brown pants!"

"Give me a sentence about an emergency worker" instructed the teacher during a lesson.

One young boy wrote "the fireman came down the ladder pregnant"

The teacher took the lad aside to correct him.

"Don't you know what pregnant means?" she asked.

"sure" he said confidently.

"It means carrying a child."



***I just found out I'm colour blind. The diagnosis came completely out of the purple.***

# RM Begg Services

Laundry  
Meals  
Cleaning  
Personal Care  
Pastoral Care  
Hairdressing  
Happy Whisperer Newsletter

## Visiting Allied Health Professionals

Counselling, Activities (in house and External)  
Visiting Psychologist  
Diabetes Educator  
Social Worker  
Speech Pathologist  
Clinical Care  
Contenance Management  
Wound Management  
Palliative Care  
Podiatry  
Physiotherapist  
Dietician  
Specialists  
Accredited Pharmacist  
Consulting GP's  
Aged Persons Mental Health Team  
Dental Van

## Support provided by

Palliative Care Team  
District Nursing Service

