

The Happy WHISPERER

Newsletter. Issue 4

April 2020

Residents Meeting, Tues 7th April @ 1.15pm
Barfold Cosy Retreat. All Welcome!

Visiting RM Begg

As the Covid-19 situation evolves, we want to reassure you we are implementing all possible methods to prevent the spread of this new illness into our facility and protect the residents, staff and wider community.

No visitors are allowed into the facility

Our staff are more than happy to help out with phone calls or video calls with the residents to help them keep in touch with families instead of a face to face visit.

We are very aware of the impacts this is having on residents and families and asking for everyone's cooperation in following the advice and the protocols to keep everyone safe.

RM Begg Kyneton Aged Care Inc. 27-35 Epping Street, Kyneton, VIC 3444.

E. admin@raymbegg.org.au. Ph. 03 5422 2417.

Opening Hours: Monday to Friday: 9am to 5pm.

FIVE FAST FACTS ABOUT EASTER

Easter is a celebrated Christian holiday, but the traditions of Easter goes a lot further back than the time of the resurrection. Mention of Easter can be traced back to the 8th century in Saint Bede's *The Reckoning of Time*, which documents a medieval introduction to the cosmos. The traditions of Easter are steeped with history, and here are a few interesting pieces of trivia you might not know:

1. Christians might be celebrate Easter as the time when Jesus Christ was resurrected from the dead, but Easter is in fact a Pagan festival. For the Anglo-Saxons it was a time to celebrate the coming of spring in honour of the goddess, Eastre. The Germanic Pagan goddess was a symbol of fertility, and because of the prolific nature of rabbits and hares, she was inherently associated with them. This is why rabbits make such a fruitful appearance in Easter traditions.
2. The first documented appearance of a rabbit as a symbol for Easter is in 14th century Germany when Roman Catholicism merged with their Pagan beliefs. Later in 1680s, a German botanist called Georg Franck von Franckenau, wrote the book *Deovis paschali-bus* that talked about a rabbit that laid eggs and hid them in the garden.
3. Have you ever wondered why Easter is never on the same day? To me, it never used to make sense. If Easter celebrated the day of Jesus's resurrection, then why does the date keep changing? Shouldn't it be the

same every year? Well as we have already established, Easter did not actually originate with Christianity. Easter's date is determined through celestial means. Back during the time of the Roman Empire, Emperor Constantine created a ruling that has since been the cause for our constant confusion. He stated that Easter should be celebrated on the first Sunday after the first full moon after Spring Equinox. This is because it was the day of maximum light - twelve hours daylight, twelve hours moonlight.

4. Some believe that the cross on a hot cross bun is a symbol of the cross Jesus was nailed to, but in fact, the Anglo-Saxons ate these buns, decorating them with a cross to symbolise the four quarters of the moon.

In English folklore, it is believed that hot cross buns would help an ill person get better. They may not be a cure to any illness, but they will certainly put a smile on your face

5. Eggs are associated with Easter not because of the egg shaped stone Jesus was buried behind, but because they are a symbol of re-birth and renewal in spring. The association with the resurrection came later, and one fun tradition that symbolises the rolling away of the stone is an egg rolling competition, where people decorate hard boiled eggs and roll them down a hill. Whosever's egg rolls furthest is the winner.

**What is Easter Bunny's favorite kind of music?
Hip-hop, of course!**

Special Events

Our regular activities planner is on hold with the current restrictions to volunteers and visitors entering the facility.

Amanda and her team are working very hard to come up with some new ideas to fill in the gaps.

For the month of April please have look at the white boards in each dining area for the activities that are on for the day.

We appreciate everyone's help in maintaining our social distancing measures and cooperation in following the guidelines. It is a team effort as always!

Podiatrist: Podiatrist visits for April to be advised.

Church Services: We are looking at some alternative church services and these will be advertised on the white boards.

Welcome: We welcome new residents Mrs Alba Condos and Mrs Shirly Francis
Hope you are both settling in well.

Daylight saving finishes on Sunday April 5th. Wind your clock back one hour



COUNTRY DANCE GROUP

By Mollymac (Cobaw)

We have had 2 visits from the dance group.

One in January and one in February.

Both were well attended and quite a few ventured on to the floor for a dance.

They play all the old dance tunes and it is a pleasure to sit and watch.

Some of the residents went up with the 4 demonstrators and all enjoyed themselves.

Even some of those in wheelchairs had a dance around with a helper.

At the last one Ron was taken up by the woman who is an expert and he fair enjoyed himself! I made a list of all the dances but it is too long to print here, enough to say most of us knew the music and sang along (softly!)

Did not want to put the dancers off pace!

We look forward to their next visit, they are greatly appreciated and welcomed by all.

RM BEGG AUXILIARY SHOP

With the visiting restrictions the Auxiliary are unable to come in for the shop or the shop trolley.

A big THANK YOU to residents Lois Kennedy and Betty Young who will be opening the shop in Barfold for residents to purchase some items.

Please see whiteboards near dining rooms for opening days and times.

ST PATRICK DAY CELEBRATIONS

Entertained by Terry Mc Cormick.

Attended by a Big Crowd who enjoyed the music with some Irish flavor.

Songs included, You take the high road and I'll take the low road, Tennessee Waltz, Blue Moon, Good Night Irene, You are my Sunshine, Whisky in a Jar, Peggy Sue, and many more great Tunes.

The Room was decked out in Green decorations, and many of the residents wore green hats and some staff were looking very Irish dressed in Green!!

The Staff and residents danced to the music and everyone enjoyed themselves.

When it was over Tim Collins thanked the Entertainer and our Staff for putting on a great event and finished off with a lovely afternoon tea.



LIFE

*Is not about being rich,
being popular,
being highly educated
or being perfect.....
It's about being real,
being humble and
being kind.*



Magazine Request

Volunteer Myra Barnett is in charge of the reinstated Magazine Trolley, news that will be popular with

Residents we feel sure.

Donations of magazines that would be of particular interest to Men:

golfing, cars, racing, agricultural, current affairs, would be appreciated.

Flowers

Fresh flowers are lovely for residents but please be aware that flowers with strong fragrances can trigger allergies in residents and staff and will have to be removed from rooms if this happens.

BOUGHT VS HOME MADE

Six-year-old Ann returns home from school and says that today she had her first family planning lesson at school, her Mother, very interested, asks "Oh! How did it go?"

"I nearly died of shame," she answers. "Sam from down the street says the stork brings babies." Sally next door said "you can buy babies from the orphanage." Pete in my class says "you can buy babies at the Hospital"

Her Mother says, laughingly "but that is no reason to be ashamed"

"No, but I can't tell them that we were so poor you and Daddy had to make me yourselves!"



SOPHIE'S SAYINGS

By Kaye Ford (Pastoria)

During the recent thunderstorm, Sophia's mother said "I'm going out to feed the chooks" Sophia said "You can't go outside cause it's "stormering" and the thunder will get you!"

Sophia – "Can you believe horses can ride up a road?"

Mum- "I know. How can they do that without getting tired?"

Sophia – "Well, their legs are longer than yours".

Q: How does the Easter bunny stay fit?

A: Eggs-ercise

Q: What do you call a rabbit that can tell a good joke?

A: A funny bunny.

BIRTHDAY MESSAGE

This poem was written by a Daughter

For her Father's Birthday.

I may not always show it

But I think it just the same,

You're the best dad in the World,

You'll never hear me complain.

You were always there to listen,

To understand and share in all

my hopes and dreams,

With patience and with care.

I didn't always understand

When you taught me right from wrong.

But looking back I see it now,

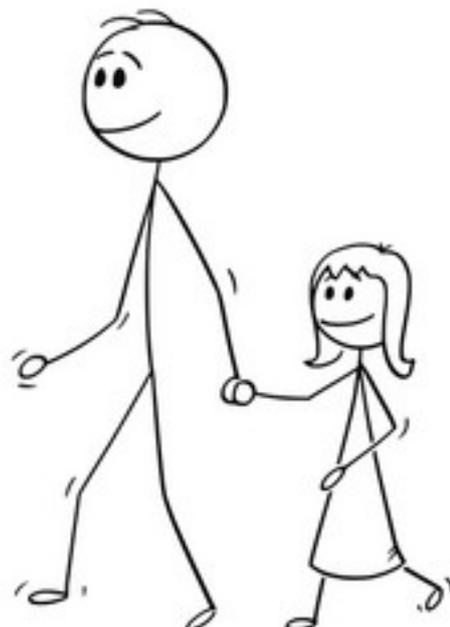
You were so kind and strong.

Although life brings many changes,

Through the good and bad,

I wouldn't change you for the world,

You are such a special Dad.





Residents

2nd: Barbara Plant

16th: Alistair McCormick

20th: Diana Lane

24th: Betty Young

Staff

3rd: Leah Brunt

3rd: Jody Lonergan

4th: Maddy Hynes

21st: Jaclyn Stephenson

25th: Kristen Sciberras

26th: Carla Tognolini

ON THIS DAY.....APRIL

1st – Australia’s first parking meters were used in Hobart, Tas, in 1955.

5th – Race horse Phar Lap died on this day 1932, in California USA.

6th – S.J Goble & I.E McIntyre leave Point Cook, Vic, aboard a sea plane and successfully complete the first round Australia flight in 1924.

8th – Fiona Coote became Australia’s youngest heart transplant recipient in 1984. She was 14 years old.

8th – Australia’s first bank, The Bank of New South Wales, opened for business in Sydney in 1817.

11th – On this day in 1914, G.J Coles opened his first “Nothing over a shilling” store in Collingwood, Vic. Coles Myer is now Australia’s largest retailer.

18th – Sir Hubert Opperman, world record holder & cycling champion, died in 1996 aged 91 years.

19th – Advance Australia Fair is officially declared our National Anthem in 1984. The words & music were written by P. McCormick.

21st – The first Rotary Club in Australia opened in Melbourne in 1921.

25th – ANZAC soldiers landed at Gallipoli in Turkey in 1915, 2000 soldiers were killed.

26th – Banjo Patterson published “The Man from Snowy River” in 1890.

30th - Australia’s first overseas telephone service began in 1930.

How many of these do you remember???

GARRY BIRRELL'S MOTOR MUSEUM

By Kevin Muller (Cobaw)

On 13th March we took a bus trip to Garry Birrell's Motor Museum at Karlsruhe. Residents Kevin, David, Ralph, Eric, John and Peter enjoyed what they saw. A 1929 Buick Marquette restored to its glory; all the work was done by Garry. Also, there was a 1926 Indian Scout Motorcycle, a 1928 Indian Motor Cycle and a Chief Motor Bike with a side car. Well done Garry.



FORGOTTEN MARY POPPINS ILLUSTRATOR FINALLY RECOGNISED AFTER INTERNATIONAL SEARCH REVEALS RARE ORIGINAL DRAWINGS

By Shelley Lloyd



Mary Poppins delighted audiences for generations — the magical British nanny made Julie Andrews famous,

Walt Disney rich and delivered royalties and prestige for author P.L. Travers.

But there was another character behind the scenes you've probably never heard of.

Illustrator Mary Shepard received little credit and little financial reward for her drawings of Mary Poppins, in the series of eight books by Travers.

The oversight is something a Queensland academic hopes to rectify.

University of Southern Queensland visual artist and researcher, Professor Margaret Baguley trawled through thousands of letters exchanged between Travers and Shepard and is supercalifragilisticexpialidocious-ly excited about what she found.

Dr Baguley attended a library at Princeton University in the United States where she discovered the original drawings for the Mary Poppins books, with handwritten notes from both the illustrator and the author — most of

which have never been seen before outside of academic archives.

Dr Baguley was raised on Queensland's Darling Downs and has had a lifelong love of Mary Poppins.

"My interest was sparked because P.L. Travers lived near where I grew up in Warwick," she said.

"She lived in Allora for a short time where her father died, but not many people realised she was an Australian author."

In an effort to reveal Shepard's vital role in Mary Poppins, Dr Baguley examined the P.L. Travers archive at the Mitchell Library in Sydney and the E.H Shepard Archive at the University of Sussex in the UK, but it was the Cotsen Children's Library at Princeton that was her holy grail.

The library held the original drawings for the Mary Poppins books and Dr Baguley received a Princeton research grant to access the library to study the communications between the author and illustrator.

"Something that the other two archives do not have were the original illustrations of the Mary Poppins books with comments from both P.L. Travers and Mary Shepard on the actual drawings with the decisions about how the various illustrations would look," she said.

"When I found out Princeton had the actual correspondence and the original drawings for Mary Poppins with annotations all over them, I thought, 'Oh my goodness, no-one has done this before'."

A collaboration that began almost by accident Shepard's father was a well-known illustrator, famous for his drawings in Winnie the Pooh and The Wind in the Willows.

Travers first asked him to illustrate her children's books but he declined the commission claiming he was too busy.

"The story goes that she saw a Christmas card that Mary Shepard had illustrated and really liked the whimsical style and asked her to illustrate the Mary Poppins series of books," Dr Baguley said.

In the early 1930s, Shepard had recently grad-

uated from London's Slade School of Fine Art. "Travers was 10 years her senior and took on a mentoring role to assist in obtaining the types of drawings she wanted," Dr Baguley said.

"Shepard's illustrations provided readers with their first glimpse of Mary Poppins and were critical in helping the reader visualise the stories.

"She really set the aesthetic for how Mary Poppins looked."

The letters between the women reveal a warmth and an affection for one another but also reveal how the books evolved, Dr Baguley said

"It was such a revelation to see firsthand, through physical artefacts, the process undertaken by Travers and Shepard that resulted in the final images eventually published in the Mary Poppins' books," she said.

"Travers sent very detailed letters which included drafts of her stories and rough sketches and ideas for the types of illustrations she would like.

"Mary Shepard would read the stories and the suggestions from Travers and then undertake the complex process of visualising how the particular scene would look by sketching out initial ideas that were returned to Travers for feedback."

There are handwritten responses on the sides of the sketches that also show how committed both women were to ensuring the illustrations remained accurate to the story.

"The Princeton University Library Research archives also revealed how much research Mary Shepard undertook for the books, including the number of buttons a policeman's uniform would have had in the Edwardian period," she said.

"The archives also contained a map of the locations in the Mary Poppins' books which featured the Banks' house in Cherry Tree Lane and surrounding areas, such as the park which helped her to ensure the perspective views in the illustrations were accurate."

The partnership between the two women be-

gan amicably but ended badly in a protracted legal battle over the issue of copyright.

When Travers reached an agreement with Disney for the film rights in the 1960s after more than 20 years of negotiations, she did not include Shepard in the deal and it impacted their relationship.

"There are letters from Mary that are really quite sad, saying, 'Is there any part in this for my drawings?'" Dr Baguley said.

Shepard didn't get any of the millions Disney made at the box office, but she did manage to get a one-off payment, all thanks to Mary Poppins toes.

Shepard drew Mary's feet in the first ballet position and when her lawyers realised that this was also used in the Disney movies, they had legal grounds for some compensation.

"Mary Shepard's solicitors said, 'Look at the feet, you know when Mary Poppins lands and her feet are turned out, that isn't written anywhere in the book, that's your own intellectual property and Disney have used that'," she said.

"I think she only received about a thousand pounds for that, something very minimal.

"I also found a whole folder of correspondence where she's [Shepard] having to sell the Mary Poppins drawings at Sotheby's because her house needed repairs that was just terrible."

Shepard died in September 2000, largely unrecognised for her role in bringing to life such an iconic literary character.

Dr Baguley hopes her research will finally celebrate Shepard's contribution to children's literature.

"People don't even know who the illustrator was and that she's left this wonderful legacy," she said.

"In time, both women became less well known than their creations, with Travers' fame subsuming Shepard's and Disney's subsuming them both.

"My work really is to highlight this pivotal role that she [Shepard] had because they're still using her pictures today."

THE CAR

L S H S S F W T O X T B V J E V L
 A W T R R R F H K T C R G D Z O O
 X H O E E Y R N E A Y A T U B S R
 S O V D E L U O R E S K A G R B T
 D C V O N R F R O T L E I D U T N
 S E R I T I I F A F N S L L B L O
 N I T D D E W N U I X V L F E E C
 G G B A R O K R G M J Z I T C B E
 G A B R I A O N E W H B G Q A T S
 I W A B Q O E H P W H V H W R A I
 A C B O D Y M X E X O E T I S E U
 K W I N D S H I E L D P E K E S R
 S D E F O G G E R T T H D L A H C
 Z N T A E S D L I H C T R N T A F

AIR BAG

BODY

BRAKE

CAR SEAT

CARRIER RACK

CHILD SEAT

CRUISE CONTROL

DEFOGGER

ENGINE

GAS TANK

HOOD

MUFFLER

POWER WINDOW

RADIO

ROOF

SEAT BELT

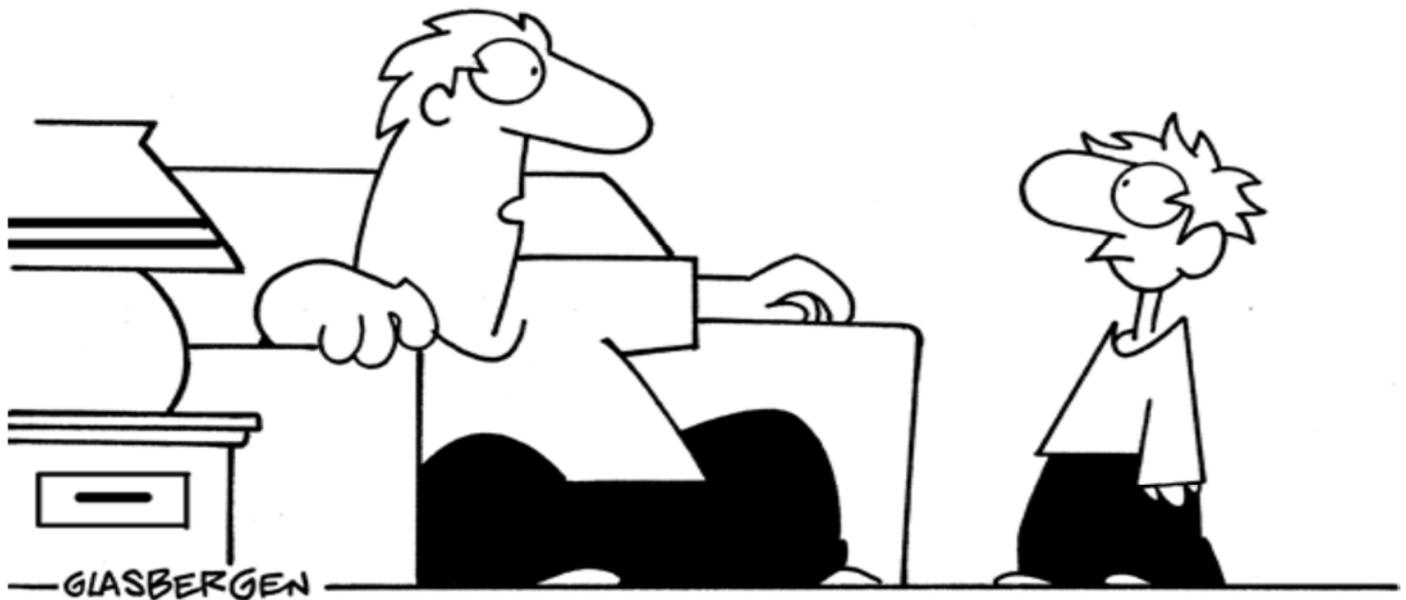
TAIL LIGHT

TIRES

TRUNK

WHEELS

WINDSHIELD



**“Someday, son, you’ll be old enough to do anything you like.
But by then you’ll be too tired to like anything.”**

Residents Contributions

We are very excited to have a group of residents that have decided to submit articles of interest for
The Happy Whisperer.

We hope you enjoy their contributions and we would like to thank them for their outstanding efforts in putting their articles together to share with us all!

COOKING TERMS

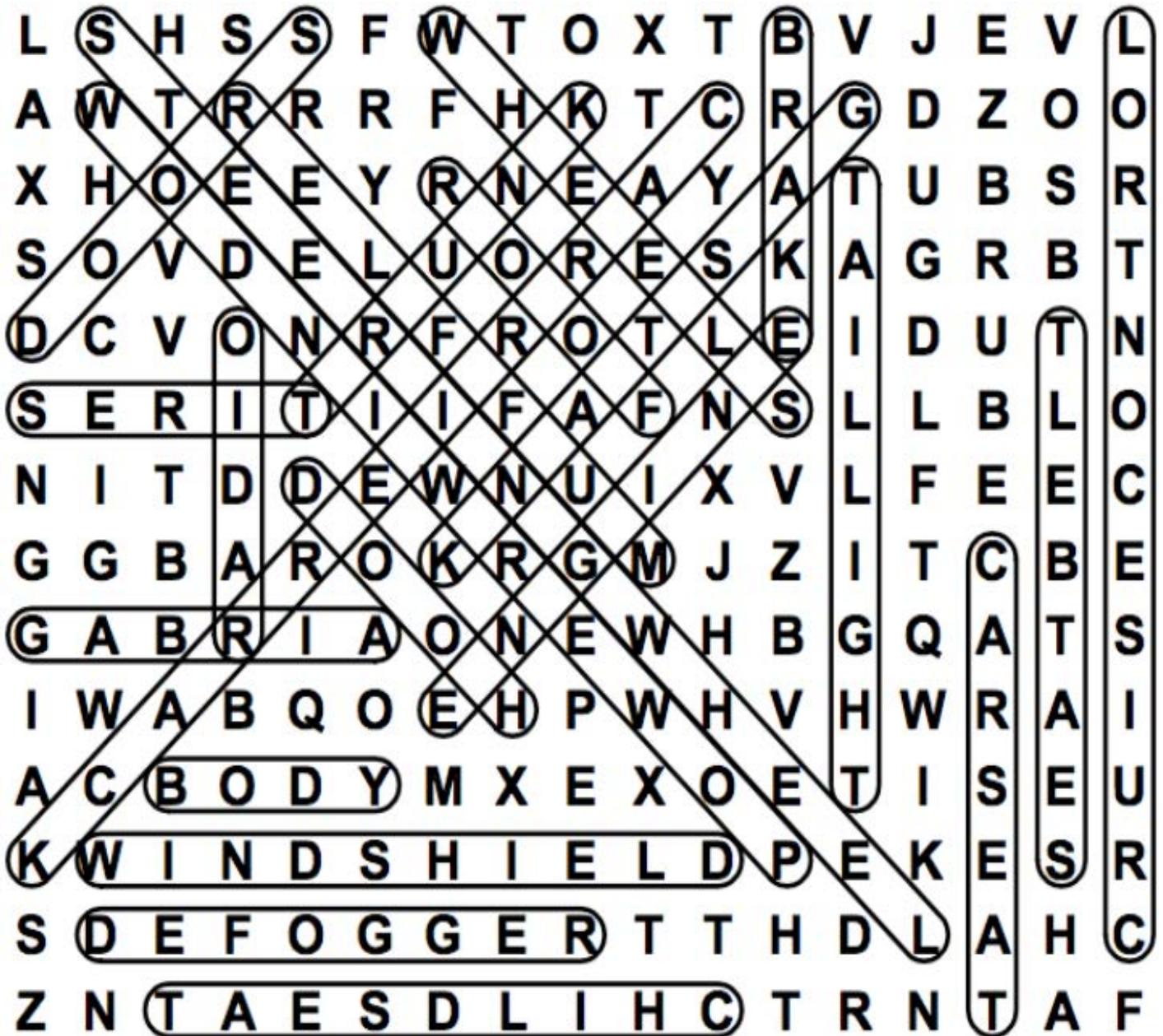
N B K X R I T S Y R G W O A G S D
 D R K F K V R E C G H C A O P L F
 P O V C D E F E S I A R B N D H N
 L W N E M N E R T C B S B O I L H
 B N G M C E I N Y R T H E R Z B D
 O L I Y R U Z R E T G R Z E S G M
 D S E U R L D A G J X E A S B N I
 I Y P N X A D E J D U D L C B O B
 F F H V D P E B R R C L G S T X D
 N I V W Q Z Q S O D O I I L Q I Z
 R R Q D R X A A B W A K A E C S K
 J A P S E A S O N E T H U E N Y F
 I L E T D T U V U T M I N C E N S
 G C E J G P O K L S R V D E J V E

BLEND
 BOIL
 BRAISE
 BREAD
 BROWN
 CLARIFY
 COAT
 DICE

GLAZE
 GRIND
 JULIENNE
 MINCE
 POACH
 PUREE
 REDUCE
 ROAST

SEASON
 SHRED
 SIMMER
 STEW
 STIR

THE CAR ANSWERS



AIR BAG

BODY

BRAKE

CAR SEAT

CARRIER RACK

CHILD SEAT

CRUISE CONTROL

DEFOGGER

ENGINE

GAS TANK

HOOD

MUFFLER

POWER WINDOW

RADIO

ROOF

SEAT BELT

TAIL LIGHT

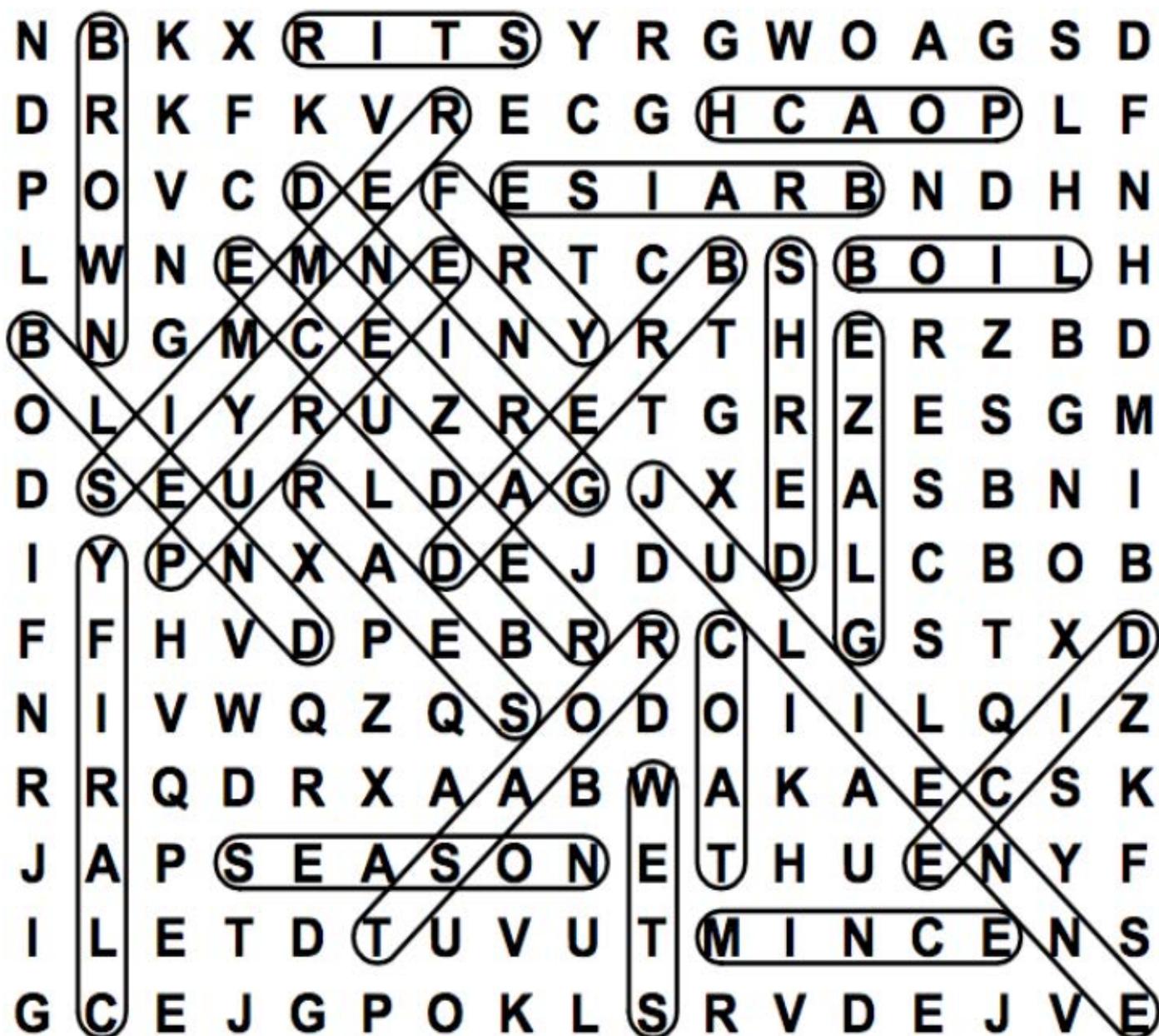
TIRES

TRUNK

WHEELS

WINDSHIELD

COOKING TERMS ANSWERS



BLEND

BOIL

BRAISE

BREAD

BROWN

CLARIFY

COAT

DICE

GLAZE

GRIND

JULIENNE

MINCE

POACH

PUREE

REDUCE

ROAST

SEASON

SHRED

SIMMER

STEW

STIR



Married Four Times

The local news station was interviewing an 80-year-old lady because she had just gotten married for the fourth time.

The interviewer asked her questions about her life, about what it felt like to be marrying again at 80, and then about her new husband's occupation.. "He's a funeral director," she answered. "Interesting," the newsman thought... He then asked her if she wouldn't mind telling him a little about her first three husbands and what they did for a living.

She paused for a few moments, needing time to reflect on all those years. After a short time, a smile came to her face and she answered proudly, explaining that she had first married a banker when she was in her 20's, then a circus ringmaster when in her 40's, and a preacher when in her 60's, and now - in her 80's - a funeral director.

The interviewer looked at her, quite astonished, and asked why she had married four men with such diverse careers.

(Wait for it...)

- She smiled and explained, "I married one for the money, two for the show, three to get ready, and four to go."

Last year, I replaced all the windows in my house with those expensive double pane energy efficient kind. But this week, I got a call from the contractor complaining that his work had been completed a whole year and I had yet to pay for them.

Boy, oh boy, did we go around! Just because I'm blonde doesn't mean that I am automatically stupid. So, I proceeded to tell him just what his fast-talking sales guy had told me last year. He said that in one year, the win-

dows would pay for themselves. There was silence on the other end of the line, so I just hung up, and he hasn't called back. Guess he was embarrassed.

A wife was making a breakfast of fried eggs for her husband. Suddenly, her husband burst into the kitchen. 'Careful,' he said, 'CAREFUL! Put in some more butter! Oh my gosh! You're cooking too many at once. TOO MANY! Turn them! TURN THEM NOW! We need more butter. Oh my gosh! WHERE are we going to get MORE BUTTER? They're going to STICK! Careful. CAREFUL! I said be CAREFUL! You NEVER listen to me when you're cooking! Never! Turn them! Hurry up! Are you CRAZY? Have you LOST your mind? Don't forget to salt them. You know you always forget to salt them. Use the salt. USE THE SALT! THE SALT!'

The wife stared at him. 'What in the world is wrong with you? You think I don't know how to fry a couple of eggs?' The husband calmly replied, 'I just wanted to show you what it feels like when I'm driving.'

A young man was walking through a supermarket to pick up a few things when he noticed an old lady following him around. Thinking nothing of it, he ignored her and continued on. Finally he went to the checkout line, but she got in front of him. "Pardon me," she said, "I'm sorry if my staring at you has made you feel uncomfortable. It's just that you look just like my son, who just died recently." "I'm very sorry," replied the young man, "is there anything I can do for you?" "Yes," she said, "As I'm leaving, can you say 'Good bye, Mother'? It would make me feel so much better." "Sure," answered the young man.

As the old woman was leaving, he called out, "Goodbye, Mother!" As he stepped up to the checkout counter, he saw that his total was \$127.50. "How can that be?" He asked, "I only purchased a few things!" "Your mother said that you would pay for her," said the clerk.

A woman brought a very limp duck into a veterinary surgeon. As she laid her pet on the table, the vet pulled out his stethoscope and listened to the bird's chest.

After a moment or two, the vet shook his head and sadly said, "I'm sorry, your duck, Cuddles, has passed away." The distressed woman wailed, "Are you sure?" "Yes, I am sure. Your duck is dead," replied the vet.

"How can you be so sure?" she protested. "I mean you haven't done any testing on him or anything. He might just be in a coma or something."

The vet rolled his eyes, turned around and left the room. He returned a few minutes later with a black Labrador Retriever. As the duck's owner looked on in amazement, the dog stood on his hind legs, put his front paws on the examination table and sniffed the duck from top to bottom. He then looked up at the vet with sad eyes and shook his head. The vet patted the dog on the head and took it out of the room. A few minutes later he returned with a cat. The cat jumped on the table and also delicately sniffed the bird from head to foot. The cat sat back on its haunches, shook its head, meowed softly and strolled out of the room.

The vet looked at the woman and said, "I'm sorry, but as I said, this is most definitely, 100% certifiably, a dead duck."

The vet turned to his computer terminal, hit a few keys and produced a bill, which he handed to the woman.. The duck's owner, still in shock, took the bill. "\$150!" she cried, "\$150 just to tell me my duck is dead!"

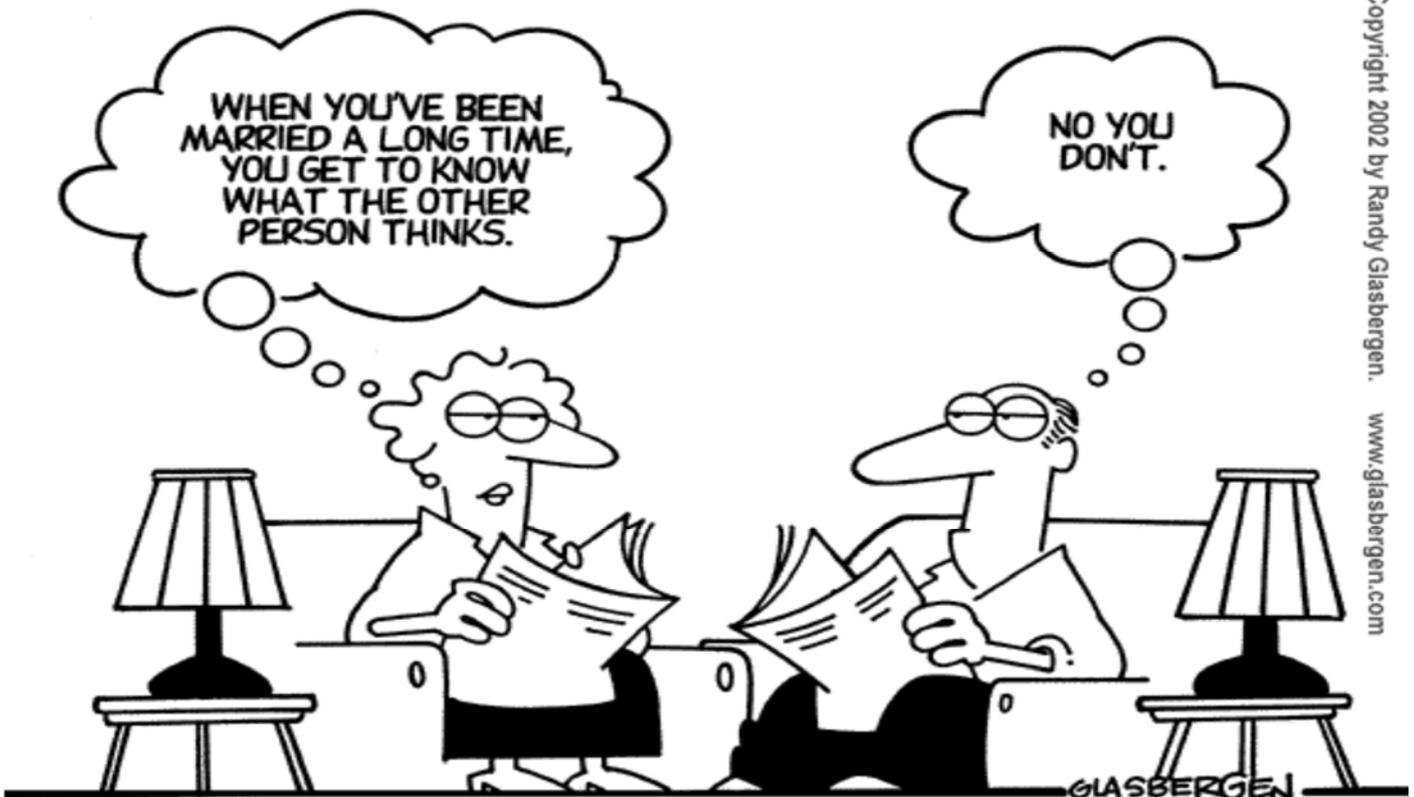
The vet shrugged, "I'm sorry. If you had just taken my word for it, the bill would have been \$20, but with the Lab Report and the Cat Scan, it's now \$150."

An elderly gent was invited to his old friends' home for dinner one evening. He was impressed by the way his buddy preceded every request to his with endearing terms-Honey, My Love, Darling, Sweetheart, Pumpkin, etc.

The couple had been married almost 70 years, and clearly they were still very much in love.

While the wife was in the kitchen, the man leaned over and said to his host, "I think it's wonderful that, after all these years, you still call your wife those loving pet names."

The old man hung his head. "I have to tell you the truth," he said, "I forgot her name about 10 years ago."



RM Begg Services

Laundry
 Meals
 Cleaning
 Personal Care
 Pastoral Care
 Hairdressing
 Happy Whisperer Newsletter

Visiting Allied Health Professionals

Counselling, Activities (in house and External)
 Visiting Psychologist
 Diabetes Educator
 Social Worker
 Speech Pathologist
 Clinical Care
 Continence Management
 Wound Management
 Palliative Care
 Podiatry
 Physiotherapist
 Dietician
 Specialists
 Accredited Pharmacist
 Consulting GP's
 Aged Persons Mental Health Team
 Dental Van

Support provided by

Palliative Care Team
 District Nursing Service

